

Call 999 now if your child has any of these:

- **seizure (fit)**
shaking or jerking because of a fit, or unconscious (cannot be woken up)
- **choking**
on liquids or solids now
- **difficulty breathing**
making grunting noises, sucking their stomach in under their ribcage or breathing very fast
- **unable to stay awake**
being sleepier than normal or difficult to wake, cannot keep their eyes open for more than a few seconds
- **blue, grey, pale or blotchy skin, tongue or lips**
on brown or black skin, grey or blue palms or soles of the feet
- **limp and floppy**
their head falls to the side, backwards or forwards. Not responding
- **heavy bleeding**
spraying, pouring or enough to make a puddle
- **severe injuries**
after a serious accident or assault
- **signs of a stroke**
face dropping on one side, cannot hold both arms up, difficulty speaking
- **sudden, rapid swelling**
of the lips, mouth, throat or tongue
- **sudden confusion**
agitation, odd behaviour or non-stop crying
- **signs of a severe infection (sepsis)**
a rash that does not fade when you roll a glass over it; a weak or high-pitched cry that's not like their normal cry; not responding like they normally do; not interested in feeding or normal activities; or high temperature with a stiff neck / bothered by light

British Sign Language (BSL) speakers can [make a BSL video call to 999](#).

Deaf, hard of hearing or speech-impaired people can use 18000 to contact 999 using text relay or a textphone.